

The Prayer to Forgive Others

Mark 11:25,26 (Amplified) – “*And whenever you stand praying, if you have anything against anyone, forgive him and let it drop (leave it, let go), in order that your Father Who is in heaven may also forgive you your [own] failings and shortcomings and let them drop. But if you do not forgive, neither will your Father in heaven forgive your failings and shortcomings.*”

Remember, it's a **choice** we make. **Unforgiveness is a sin. Just ask God to forgive you.** We choose to pray the Prayer of Forgiveness, and when we believe when we pray, it works. God not only hears and answers this kind of prayer, He loves it!

4 Steps to the Prayer of Forgiveness

1. You must forgive the person who has wronged you
2. Ask God to forgive them and ask God to forgive you
3. Release the emotion of the situation and the relationship to the Lord. Pray about the hurt and rejection and release it in the presence of the Lord. Choose to let the rejection, feelings, and hurt go when you pray.
4. Forget it! Right there in your prayer, just forget it.

Pray, “Father, first of all, I thank you that you loved me and showed me that this attitude was in my heart. Father, I ask You to forgive _____ for what he/she did and said and for how he/she acted, and for all the others who have been involved in this situation. I ask You, Father, to forgive them and, Father, I forgive them. I forgive all those words they said that hurt me. And Father, I ask you to forgive me. I came into this and I thought negatively about it. I have been angry about it, and I have spoken negative words. If I've harbored bitterness in my heart toward this, I don't want it to go any farther. I cut all unforgiveness, offense, resentment, and bitterness off at the root now, in Jesus' Name!

Father, I ask you to forgive me. I know that I've said things in a wrong spirit and a wrong attitude about this person and about these. I thank You that when I confess my sin, you are faithful and just to forgive me and to restore me (1 John 1:9). I thank You, Father, for the purity and the cleansing of the Holy Spirit over my heart and mind.

Father, I also ask you and I thank you that you have healed me right now of those words and the hurt. Father, I ask you to touch my heart. As an act of my will, I choose not to be hurt. I release the hurt, the rejection, and the emotion in this relationship. Father, I bless those who curse me. Thank you, Father, for your power in my heart and mind that takes away hurt, rejection, and bad feelings. I receive your power now in Jesus' Name.

Satan, I rebuke you and your hold on this area of my life. You can't bind me in this situation, in Jesus' Name. I break the power of all rejection and every evil force released against me, in Jesus' Name. Thank you, Father, for victory.

Father, now that I've prayed about this, I leave it here in your presence. I choose not to remember it. Holy Spirit, help me not to remember this. I forget it because of the blood; because of love, in Jesus' Name. Holy Spirit, help me to walk this out. Thank you, Father, that now I can walk in forgiveness. Let forgiveness and love flow from my life. I thank you for it. In Jesus' Name, Amen.

