

2014 GOALS

Your goals should be: **S.M.A.R.T**

Specific – **M**easureable – **A**ttainable – **R**ealistic – **T**imely

You should have at least 5 Goals and should include at least one of each:

- Family Goal
- Personal development Goal
- Spiritual development Goal
- Academic and/or work related Goal (if it applies to you)

**Also include a few sentences on how you plan to achieve each goal.*

MY 2014 GOALS:

Signature: _____ Date: _____



2014 GOALS

Signature: _____ Date: _____